

List of Plants

C PHYLLOQUINONE

Chemid

PHYLLOQUINONE

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Plant Part	Low PPM	High PPM	StdDev	*Reference
Abelmoschus esculentus	Plant	--	0.4	-0.04	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Ananas comosus	Fruit	--	0.002	-0.23	*
Asparagus officinalis	Plant	--	0.6	0.46	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Avena sativa	Seed	--	0.1	-0.05	*
Brassica napus var. napobrassica	Root	--	0.02	1.0	*
Brassica nigra	Flower	0.57	3.39		*
Brassica oleracea var. capitata l.	Flower	0.19	3.39		*
Brassica rapa	Root	--	0.002	-1.0	*
Brassica oleracea var. italic a	Leaf	--	1.79	-1.34	*
Brassica oleracea var. gemmifera	Plant	--	1.47	2.6	*
Brassica napus var. napus	Oil	--	1.3	0.67	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Brassica oleracea var. sabellica l.	Leaf	--	6.18	1.15	*
Brassica oleracea var. italic a	Inflorescence	--	0.31		*
Capsicum frutescens	Fruit	0.02	0.06	-0.22	*
Capsicum annuum	Fruit	0.02	0.06	-0.22	*
Cicer arietinum	Seed	--	0.21	1.45	*
Citrullus lanatus	Fruit	--	0.003	-0.23	*
Citrus paradisi	Fruit	--	0.001	-0.23	*
Citrus sinensis	Fruit	--	0.001	-0.23	*
Cocos nucifera	Oil	--	0.005	-1.09	*
Cucumis sativus	Plant	--	0.2	-0.53	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Cucumis melo	Fruit	--	0.001	-0.23	*
Daucus carota	Plant	--	0.1	-0.78	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Ficus carica	Fruit	--	0.03	-0.23	*
Fragaria spp	Fruit	--	0.03	-0.23	*
Glycine max	Oil	--	1.9	1.49	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Glycine max	Seed Oil	--	1.73	1.34	*
Gossypium sp	Seed Oil	--	0.6	-0.28	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Helianthus annuus	Seed Oil	--	0.06	-1.06	*
Hordeum vulgare	Seed	--	0.07	-0.45	*
Lactuca sativa	Plant	--	0.4	-0.04	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-788.
Lycopersicon	Plant	--	0.06	-0.87	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. J. Nutrition, 128(5): 785-

<i>Malus domestica</i>	Fruit	--	0.06	-0.22	*
<i>Medicago sativa</i>	Plant	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
<i>Musa x paradisiaca</i>	Fruit	--	0.001	-0.23	*
<i>Nasturtium officinale</i>	Leaf	--	3.15	-0.57	*
<i>Olea europaea</i>	Oil	--	0.8	-0.01	*
<i>Persea americana</i>	Fruit	--	0.01	-0.23	*
<i>Petroselinum crispum</i>	Leaf	--	5.48	0.75	*
<i>Phaseolus vulgaris</i>	Plant	--	0.3	-0.28	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. <i>J. Nutrition</i> , 128(5): 785-788.
<i>Phaseolus coccineus</i>	Fruit	--	0.26	-0.19	*
<i>Phaseolus vulgaris</i>	Seed	--	0.03	-1.0	*
<i>Phaseolus vulgaris</i>	Fruit	--	0.39	-0.17	*
<i>Phoenix dactylifera</i>	Fruit	--	0.06	-0.22	*
<i>Pisum sativum</i>	Plant	--	0.2	-0.53	Booth, S. L., Suttie, J. W. 1998. Dietary intake and adequacy of vitamin K. <i>J. Nutrition</i> , 128(5): 785-788.
<i>Prunus domestica</i>	Fruit	--	0.08	-0.22	*
<i>Solanum tuberosum</i>	Tuber	--	0.01	-1.0	*
<i>Spinacia oleracea</i>	Tuber	--	3.8	1.0	*
<i>Stellaria media</i>	Leaf	--	--		*
<i>Theobroma cacao</i>	Seed	--	0.02	-1.14	*
<i>Triticum aestivum</i>	Leaf	--	--		*
<i>Vaccinium corymbosum</i>	Fruit	--	30.0	4.47	Shapiro, D. K., Kudinov, M. A., Narizhnaya, T. I., Kononovich, T. V., Starkova, N. Y. 1984. Biochemical Evaluation of Blueberries Grown in the BeloRussian Polessie. <i>Rastitel'nye Resursy</i> , 203:396-400.
<i>Vaccinium macrocarpon</i>	Fruit	--	0.02	-0.23	*
<i>Vaccinium myrtillus</i>	Fruit	--	0.04	-0.23	*
<i>Vicia faba</i>	Seed	--	0.19	1.18	*
<i>Vitis vinifera</i>	Fruit	0.04	0.09	-0.22	*
<i>Zea mays</i>	Oil	--	0.03	-1.06	*
<i>Zea mays</i>	Fruit	--	0.003	-0.23	*